

MENU

BREADS

GARLIC BAGUETTE FULL \$13 | HALF \$7

Baguette, garlic butter & oven baked
Add diced bacon \$4

CHEESY GARLIC BAGUETTE FULL \$16 | HALF \$9

Baguette, garlic butter, topped with cheese & oven baked
Add diced bacon \$4

ITALIAN BRUSCHETTA \$19

Toasted sourdough topped with diced tomatoes, red onion, basil pesto, olive oil, parmesan & balsamic glaze

STARTERS

CRUMBED PRAWN CUTLETS \$18

Crumbed king prawns served with tartare sauce & a lemon wedge

VEGETABLE SPRING ROLLS \$16

Five (5) vegetable combination of cabbage, onion, carrots in a crispy pastry served with a sweet chilli dipping sauce

SATAY CHICKEN TENDERLOINS \$17

Chicken tenderloin pieces with a mild spice peanut satay sauce on a bed of rice

CRUMBED CALAMARI \$17

Tender calamari, with tartare sauce & a wedge of lemon

CREAMY GARLIC PRAWNS \$19

Pan fried prawns tossed through a creamy white wine & garlic sauce served with basmati rice

SALADS

CAESAR SALAD \$22

Fresh cos lettuce, croutons, bacon shards, boiled egg with a creamy dressing topped with parmesan

GREEK SALAD \$22

A refreshing salad that combines mixed lettuce, cucumber, cherry tomatoes, red onion, feta cheese, Kalamata olives with a balsamic vinegarette dressing

MANGO & AVOCADO SALAD \$24

Fresh sliced avocado, juicy mango, crispy lettuce, cherry tomatoes, grated carrot & red onion with a coriander & lime dressing

***Add chicken or prawns to any salad \$8
All salads available dairy free on request***

SEAFOOD

HUMPTY DOO BARRAMUNDI \$34

Crispy skin-on Australian barramundi (200g), sustainably sourced from Humpty Doo, delicately pan-fried to perfection. Served with chips & salad, or creamy mash & vegetables, tartare sauce & a lemon wedge

CRUMBED BARRAMUNDI \$29

Golden crumbed imported barramundi served with chips & salad, tartare sauce & lemon wedge

CRISPY BATTERED FLATHEAD \$27

Pacific caught crispy battered flathead fillets served with chips & salad, tartare sauce & a lemon wedge

CRISPY SKIN SALMON FILLET \$35

Pan seared oven baked 200g Norwegian salmon served with creamy mash & vegetables or chips & salad & a lemon wedge

CLASSIC FISHERMAN'S CATCH \$30

Battered cod, crumbed sea bites, crumbed prawn cutlets, calamari rings, served with chips, salad, tartare sauce & a lemon wedge

CLUB CLASSICS

CHICKEN SCHNITZEL \$26

Panko crumbed breast, shallow fried until golden, served with creamy mash & vegetables or chips & salad with your choice of sauce

CHICKEN PARMIGIANA \$28

Panko crumbed breast, shallow fried until golden, topped with ham, napoli sauce & mozzarella cheese, served with creamy mash & vegetables or chips & salad

Add sliced avocado \$4

CHICKEN SCALLOPINI \$28

Free range marinated & pan fried tender chicken fillets, finished with sliced button mushrooms, parsley & cream. Served with creamy mash & vegetables or chips & salad

ROASTED CHICKEN BREAST \$30

Slow roasted chicken supreme, topped with a fresh tomato, onion & corn salsa & served with creamy mash & vegetables

ASIAN NOODLE STIR FRY \$22

An array or seasonal stir fry vegetables tossed with hokkien noodles & finished with Chef's own special Asian sauce

Add chicken or prawns \$8

CREAMY GARLIC PRAWNS \$30

Pan fried prawns tossed through a creamy white wine & garlic sauce served with basmati rice

ROAST OF THE DAY - SEE SPECIAL BOARD

Slow cooked roast meat with roasted potato, roast pumpkin, seasonal vegetables, gravy & condiment

PASTA & NOODLES

MEDITERRANEAN SPAGHETTI \$22

Roasted capsicum, zucchini, mushrooms, cherry tomatoes, spinach tossed with spaghetti pasta & Italian tomato sauce

Add chicken or prawns \$8

FETTUCINE CARBONARA \$24

Classic silky & creamy blend of egg, onion, parmesan, smokey bacon tossed through fettuccine & dressed with a drizzle of olive oil & shaved parmesan

Add chicken or prawns \$8

SPAGHETTI BOLOGNESE \$22

Lean beef slow cooked with tomatoes & garlic cooked the traditional Italian way, served with spaghetti pasta, topped with shaved parmesan

PRAWN & CHORIZO FETTUCCINE \$29

Juicy prawns & spicy chorizo sautéed with cherry tomatoes, shallots, & extra virgin olive oil, finished with shaved parmesan

GRILL & BBQ

ARLO Queensland 100 Day Grain Fed Beef

ARLO cattle roam under the clear blue skies and starry nights of Northern Queensland, foraging on native flora and fauna. Each cut of ARLO expresses the Australian terroir upon which it was raised. ARLO is beef of unmatched tenderness and flavour

200G ARLO EYE FILLET \$42

Known for its melt-in-your-mouth texture. Grilled to perfection & served with your choice of sides & sauce

250G ARLO RUMP \$36

A flavourful & tender 250g Arlo Rump steak, grilled to your preference. Perfectly juicy & served with your choice of sides & sauce

300g ARLO RUMP \$40

A hearty 300g Arlo Rump steak that delivers rich flavour & tenderness. Cooked to your liking & served with your choice of sides & sauce

All ARLO steaks are pasture fed for extra flavour. Served with creamy mash & seasonal steamed vegetables or chips & salad. Cooked to your preference & served with your choice of sauce - *Add a Topper!*

BBQ PORK RIBS

FULL RACK \$45 | HALF \$28

American style slow cooked pork ribs served with Chef's smokey BBQ sauce. Served with creamy mash & seasonal steamed vegetables or chips & salad - *Add a Topper!*

Sauce selection - Gravy, Diane, Pepper, Mushroom, Garlic Cream, Bearnaise, Aioli, Tomato or BBQ

TOPPERS

FRIED EGG \$4

ONION RINGS (5) \$6

CREAMY GARLIC PRAWNS \$8

BURGERS

DELUXE BEEF BURGER \$21

120g succulent grilled beef patty, beetroot, cheese, lettuce, tomato & caramelised onions with BBQ sauce on a Turkish roll with a side of chips

PERI PERI CHICKEN BURGER \$21

Peri Peri chicken grilled to perfection, salad, cheese with Peri Peri sauce on a Turkish roll with a side of chips

MIGHTY STEAK SANDWICH \$25

Tender steak grilled to perfection with caramelised onions, salad with BBQ sauce on a Turkish roll with a side of chips

TURKISH MUSHROOM & CHICKPEA BURGER \$22

Field mushroom & chickpea patty grilled, salad with vegan chipotle mayo sauce on a Turkish roll with a side of chips

Add bacon, a fried egg or pineapple to any burger or steak sandwich \$4 each

Gluten free and dairy free options available on request

SIDES

CREAMY MASH POTATO \$6

SEASONAL STEAMED VEGETABLES \$9

BOWL OF CHIPS \$9

EXTRA SAUCE \$3

KIDS MEALS

CHICKEN NUGGETS & CHIPS \$15

FISH & CHIPS \$15

SPAGHETTI BOLOGNESE \$15

HAM & CHEESE PIZZA \$15

STIR FRY VEGETABLES, NOODLES & ASIAN SAUCE \$15

Add chicken or prawns \$4

All kids meals include ice cream & an activity pack

FANCY A PIZZA?

OUR DELICIOUS PIZZAS ARE LISTED OVER THE PAGE



Please note that while care is taken when catering to dietary requirements, there is a small risk that meals may come into contact with other ingredients whilst being prepared.

Please inform staff of any dietary requirements prior to ordering
*points rebate advertised is based on club tier only

PIZZA

Gluten free base add \$5 (medium only)
Vegan cheese add \$4

SUPREME M\$23 L\$26

Tomato sauce, mushrooms, salami, onion, capsicum, pineapple, shredded ham & mozzarella cheese

VEGETARIAN M\$20 L\$23

Tomato sauce, capsicum, olives, mushroom, onion, spinach & mozzarella cheese

BBQ CHICKEN & BACON M\$23 L\$26

BBQ sauce, roasted chicken, crispy bacon, onion, mushrooms & mozzarella cheese

GARLIC PRAWN M\$23 L\$26

Tomato sauce, plump prawns, crushed garlic & mozzarella cheese

BBQ MEAT LOVERS M\$23 L\$26

BBQ sauce, ham, pepperoni, bacon, salami & mozzarella cheese

FLAME THROWER M\$23 L\$26

Tomato sauce, ham, pepperoni, salami, jalapeno, chilli & mozzarella cheese

PEPPERONI M\$18 L\$21

Tomato sauce, pepperoni & mozzarella cheese

HAWAIIAN M\$18 L\$21

Tomato sauce, ham, pineapple & mozzarella cheese

MARGARITA M\$18 L\$21

Tomato sauce, tomato slices, basil & mozzarella cheese

DESSERT

CHOCOLATE BROWNIE \$12

Served with creamy vanilla ice cream and rich chocolate sauce

PETITE PAVLOVA \$12

A delicate meringue nest topped with freshly whipped cream and a vibrant mixed berry compote

HOUSE MADE APPLE CRUMBLE \$12

Warm spiced apple filling topped with a golden crumble, served with a scoop of creamy vanilla ice cream

ICE CREAM

Please see our display or ask our friendly staff for today's available flavours

COFFEE & CAKE AVAILABLE FROM ZACS LOUNGE



Element Trading Hours
Lunch 11:30am - 2:00pm
Dinner 5:30pm - 8:00pm

Element Bookings
Online: www.geebungrsl.com.au
Phone: (07) 3265 3711

Function & Event Enquiries
Online: www.geebungrsl.com.au
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element

menu



10% Surcharge applied on public holidays