



Element Trading Hours
Lunch 11:30am - 2:00pm
Dinner 5:30pm - 8:00pm

Element Bookings
Online: www.geebungrsl.com.au
Phone: (07) 3265 3711

Function & Event Enquiries
Online: www.geebungrsl.com.au
Email: functions@geebungrsl.com.au
Phone: (07) 3265 3711

#geebungrsl   @geebungrsl

element
menu



Please note that while care is taken when catering to dietary requirements, there is a small risk that meals may come into contact with other ingredients whilst being prepared. Please inform staff of any dietary requirements prior to ordering. *points rebate advertised is based on club tier only



BREADS

GARLIC BREAD BAGUETTE	\$11.00
French Baguette with garlic butter	
1/2 Baguette	\$6.00
CHEESY GARLIC BREAD	\$15.00
French Baguette, garlic butter topped with cheese & oven baked	
1/2 Cheesy Baguette	\$8.00
ITALIAN BRUSCHETTA	\$18.50
Italy's favourite appetizer. Hot toasted garlic baguette topped with diced tomatoes, red onion, basil, olive oil, parmesan and balsamic glaze	

STARTERS

CRUMBED PRAWN CUTLETS	\$17.00
Crumbed King Prawns served with tartare sauce and chips	
CREAMY GARLIC PRAWNS	\$18.00
Pan fried prawns finished with a garlic cream sauce. Served with steamed basmati rice	
BUFFALO CHICKEN WINGS	\$15.50
Wings tossed in a tasty tantalizing smoky BBQ sauce	
VEGETABLE SPRING ROLLS	\$14.50
Cabbage, onion, carrots, crispy pastry & sweet chilli sauce to compliment	
PANKO CRUMBED CALAMARI	\$16.50
Tenderized & lightly seasoned squid pieces. Served with tartare sauce and lemon	
VEGETARIAN MARKET BASKET	\$17.00
Garden vegetable served as vegetable spring rolls, Indian vegetable samosa, petite money bags & crumbed popcorn cauliflower	

SIDES

BOWL OF CHIPS	\$ 8.00
SWEET POTATO CHIPS	\$11.00
FRESH GARDEN SALAD	\$ 7.00
SEASONAL VEGETABLES	\$ 7.00
CREAMY MASH POTATO	\$ 5.00
STEAMED BASMATI RICE	\$ 3.00
CRISPY BACON	\$ 3.50
FRIED EGG	\$ 2.50

SALAD

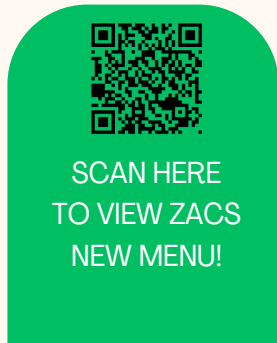
CAESAR SALAD	\$18.50
Our most popular salad. Cos lettuce, croutons, bacon shards, boiled egg, creamy dressing topped with parmesan cheese add... grilled prawns +\$7 grilled chicken +\$6	
THAI BEEF SALAD	\$23.00
Coated in Thai spices, pan fried & combined with tossed rocket leaves, cherry tomatoes, grated carrot, red onion, noodles & Thai dressing	
AVOCADO SALAD	\$17.00
1/2 avocado, garden salad mix, cherry tomatoes, red onion, cucumber, olive oil & herb & garlic dressing add... grilled prawns +\$7 grilled chicken +\$6	
GREEK SALAD	\$20.00
Mixed greens with grilled haloumi. Crunchy lettuce, cucumber, tomatoes, red onion, Kalamata olives & lemon honey dressing	

BURGERS CLASSIC MAINS

CHICKEN SCALLOPINI	\$26.00
Free range chicken fillet, marinated then pan fried. Finished with sliced button mushrooms, parsley & cream. Served with mash & veg	
CHICKEN SCHNITZEL	\$24.00
Panko crumbed chicken breast, pan fried. Served with chips, salad & gravy	
CHICKEN PARMI	\$26.00
Crumbed chicken fillet topped with ham, tomato coulis & mozzarella cheese	
VEGAN SCHNITZEL	\$25.00
Crumbed tasty soy based schnitzel. Soy good you wouldn't know it's not meat	
JAPANESE KATSU CURRY	\$26.00
Crumbed chicken breast, oriental curry sauce served with steamed rice	
NEWMANS BEEF BURGER	\$19.00
150g all meat beef patty, brioche bun, salad & tomato sauce, served with a side of chips	
KEWPIE CHICKEN BURGER	\$18.00
Crumbed chicken breast, salad & Kewpie mayo on a brioche bun, served with a side of chips	
MIGHTY STEAK SANDWICH	\$24.00
Tender steak & onions served with salad on a Turkish roll with BBQ sauce, served with a side of chips	
CRUMBED VEGAN SCHNITZEL BURGER	\$19.00
Served on a brioche bun with salad, vegan mayo sauce & a side of chips	

HOT GRILL & BBQ PASTA & NOODLES

BBQ PORK RIBS	\$38.00
1/2 Kilo of American style pork ribs with a smokey BBQ sauce served with chips & salad	
200G EYE FILLET STEAK	\$36.00
200g Kilcoy grown tenderloin steak, pasture fed for extra flavour. Served with chips & salad or mash potato & steamed vegetables & your choice of sauce	
300G RUMP STEAK	\$35.00
Juicy & tender, 300g Kilcoy rump steak cooked to your liking. Local & Queenslander ... love it! Served with chips & salad or mash potato & steamed vegetables & your choice of sauce	
MEAT LOVERS MIXED GRILL	\$37.00
250g rump steak, sausage, bacon, fried egg, lamb rissole, salad, chips & gravy	
REEF & BEEF	\$37.00
The authentic reef & beef. 100 day grain fed ARLO rump steak cooked to your liking, topped with creamy garlic prawns	
CRUMBED LAMB CUTLETS	\$38.50
Crumbed spring lamb cutlets served with mash & veg or salad & chips & gravy	
SPAGHETTI BOLOGNAISE	\$20.00
Lean beef with tomatoes & garlic, cooked the traditional Italian way with spaghetti & parmesan cheese	
GARLIC & OLIVE OIL SPAGHETTI	\$18.00
Spaghetti tossed with olive oil, garlic, shallots & cherry tomatoes add... grilled prawns +\$7 grilled chicken +\$6	
CHICKEN FETTUCCINI FLORENTINE	\$24.00
Chicken breast, pan fried & tossed with garlic, onion, & spinach. Served in a creamy parmesan cheese sauce & fettuccini pasta	
ASIAN STIR FRY WITH VEGETABLES	\$20.00
An array of seasonal stir fry vegetables tossed with Hokkien noodles & finished with our Chefs own special Asian sauce add... grilled prawns +\$7 grilled chicken +\$6	



SCAN HERE TO VIEW ZACS NEW MENU!

BARISTA MADE COFFEES
SPECIALTY TEAS
ICED DRINKS & SHAKES
CAKES & DESSERTS
ICE - CREAM & MORE....

TOPPERS

GARLIC PRAWNS (5)	\$ 7.00
BBQ WINGS (5)	\$ 6.00
DUSTED SQUID (5)	\$ 6.00

SAUCE

CHOICE OF SAUCE	\$ 2.00
Gravy, peppercorn, mushroom, diane, garlic cream, aioli, tomato or barbeque sauce	
EXTRA SAUCE	\$ 2.00

SEAFOOD

BUTTERFLY TEMPURA WHITING	\$26.00
Local whiting fillets in a crispy tempura batter served with tartare sauce, chips & salad	
CLASSIC FISHERMANS CATCH	\$26.00
Battered cod, crumbed sea bite, calamari rings, crumbed prawns, chips & salad	
CREAMY GARLIC PRAWNS	\$28.00
Pan fried & finished with garlic cream sauce, served with steamed basmati rice	
GRILLED BARRAMUNDI	\$28.00
Saltwater barramundi simply grilled, served with lemon, chips & salad	
GRILLED BARRAMUNDI BONANZA	\$34.00
The best from the sea. Grilled saltwater barramundi fillet coupled with creamy garlic prawns	
CRUMBED BARRAMUNDI	\$28.00
Saltwater barramundi fillet, panko crumbed served with chips & salad	

PIZZA

VALUE PIZZA RANGE	\$15.00 M
Margherita, Hawaiian, Pepperoni or Aussie	\$18.00 L
GOURMET PIZZA RANGE	\$19.00 M
BBQ Chicken, BBQ Meat Lovers, Supreme, Chicken & Prawn, Flame Thrower or Vegetarian	\$23.00 L
add... gluten free base +\$3 vegan cheese +\$3	

KIDS

CHICKEN NUGGETS & CHIPS	\$13.00
CHEESEBURGER & CHIPS	\$13.00
FISH & CHIPS	\$13.00
SPAGHETTI BOLOGNAISE	\$13.00
STIR FRY VEGETABLES, NOODLES & ASIAN SAUCE	\$13.00
add... steamed vegetables to any meal +\$3 meal includes.... kids activity pack plus choice of soft drink, juice or dixie cup ice cream	

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CHEF'S DAILY DIGITAL SPECIALS BOARD ALSO AVAILABLE
CHECK OUT TODAY'S SELECTIONS AT GEEBUNG RSL