



element menu

Autumn / Winter 2022

element

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ENTRÉE

M | NM

- Garlic Bread (v)** \$7.5 \$9.5
Toasted bread w/garlic parsley butter
- Garlic & Cheese Bread (v)** \$9.5 \$11.5
Toasted bread w/garlic parsley butter & cheese
- Creamy Garlic Prawns (gf)** \$16 \$18
Five (5) pan fried prawns cooked in creamy garlic sauce w/ pilaf rice
- BBQ Chicken Wings** **NEW** \$12 \$14
Barbeque marinated chicken wings served w/ creamy aioli
- Vegetable Spring Rolls (v)** \$12 \$14
Five (5) spring rolls w/sweet chilli sauce
- Salt & Pepper Squid** \$15 \$17
Tender salt & pepper squid w/ aioli, lemon & a side garden salad
- Entrée Plate for Two** **NEW** \$20 \$22
BBQ chicken wings, spring rolls, vegetable samosas, salt & pepper squid w/chips and aioli
- Vegetarian Entrée Plate for 2 (v)** \$20 \$22
Vegetable samosas and spring rolls w/chips

SALADS

M | NM

- Caesar Salad** \$17 \$19
Cos lettuce, bacon, parmesan cheese, croutons, boiled egg & caesar dressing
add... grilled chicken / beef / salt & pepper squid \$4
add... prawns \$5
- Avocado Salad (v, vg, gf)** \$15 \$17
Avocado, mixed lettuce, onion, cucumber, cherry tomato w/homemade dressing
add... grilled chicken / beef / salt & pepper squid \$4
add... prawns \$5

WOOD FIRED PIZZA

A full selection of Geebung RSL's famous wood fired pizzas are also available from Zac's Café – customers are welcome to order and consume pizza orders in Elements. Please order through the Elements cashier or directly from Zac's Café.

- Value Pizza Range:** \$12/\$14 (M) \$15/\$17 (L)
Margherita, Hawaiian, Pepperoni or Aussie
- Gourmet Pizza Range:** \$16/\$18 (M) \$20/\$22 (L)
BBQ Chicken, Vegetarian, Supreme, BBQ Meat Lovers or Chicken & Prawn
- Gluten Free Bases Available...** add \$2 (gf)
Vegan Cheese Available... add \$2 (vg)
(please note, delivery times may vary due to specialty oven)

DIETARY REQUIREMENTS & FOOD ALLERGIES

Please note that while care is taken when catering to dietary requirements, there is a small risk that meals may come into contact with other ingredients whilst being prepared. Please inform staff of your allergies or specific requirements to assist with your requests prior to ordering your meal.

FROM THE PAN

M | NM

- Spaghetti Bolognese** \$18 \$20
Traditional slow cooked lean beef mince in tomato sauce w/shaved parmesan
- Asian Stir Fry (v)** \$18 \$20
Wok tossed fresh seasonal vegetables served w/hokkien noodles & an asian style sauce
add... grilled chicken / beef \$4
add... prawns \$5
- Creamy Garlic Prawns (gf)** \$22 \$24
Pan fried prawns cooked in creamy garlic sauce served w/pilaf rice
- Creamy Beef Gnocchi** **NEW** \$21 \$23
Slow cooked lean beef mince, garlic & Italian herbs w/ potato gnocchi & creamy Napoli sauce
- Garlic & Olive Oil Spaghetti** **NEW** \$18 \$20
Fresh spaghetti tossed with olive oil, garlic, shallot, and cherry tomato.
add... pan fried chicken \$5 / pan fired prawns \$6

BURGERS

M | NM

- (All burgers served with chips & aioli)
- Classic Beef Burger** \$16 \$18
Tender beef patty with lettuce, bacon, sliced beetroot, tomato, cheese & bbq sauce
- Grilled Chicken Burger** **NEW** \$16 \$18
Tender lemon and herb chicken, lettuce, tomato, cheese & aioli on a brioche bun
- Steak Sandwich** \$18 \$20
Tender steak with lettuce, tomato, cucumber & bbq sauce on a toasted Turkish roll
- Vego Schnitzel Burger (v)** \$17 \$19
Vegetarian schnitzel, lettuce, tomato, cucumber, and sweet chilli sauce on lightly toasted Turkish bread

swap side... steamed seasonal vegetables **add \$2.50**

swap side... sweet potato chips **add \$2.00**

KIDS MENU - All Meals \$11 / \$13

(for kids under 12 years only)

Chicken Nuggets w/ chips

Cheeseburger w/ chips

Fish & Chips

Spaghetti Bolognese

Stir Fry Hokkien Noodles

w/ a mild asian sauce (add chicken or vegetables)

Add: Steamed Vegetables to any meal \$2

Meal Includes: activity pack & the choice of; a soft drink, juice or a dixie cup ice-cream.

MAINS

M | NM

BBQ Pork Ribs **NEW** \$32 \$34

USA Pork Ribs cooked to perfection with homemade barbeque sauce & chips

add... BBQ Chicken Wings \$6(m) \$8(nm)

Braised Beef Cheeks \$25 \$27

Slow cooked tender beef cheeks marinated in red wine & herbs w/creamy mashed potato & seasonal steamed vegetables

Chicken Scallopini (gf) \$24 \$26

Pan fried chicken breast, button mushrooms, creamy white wine sauce, creamy mashed potatoes & seasonal steamed vegetables

Lemon & Herb Chicken **NEW** \$22 \$24

Chargrilled butterflied chicken breast marinated with fresh herbs and lemon w/ garden salad, sweet potato chips & salsa

Marinated Lamb Rump **NEW** \$27 \$29

Lemon & oregano marinated lamb rump cooked to perfection served w/ creamy potato mash, seasonal steamed vegetables & your choice of sauce

Butter Chicken \$21 \$23

Tender chicken thigh fillet cooked in aromatic spices and cream w/pilaf rice & pappadums.

Grilled Snapper (gf) \$27 \$29

Fresh grilled snapper served on a bed of creamy potato mash & seasonal steamed vegetables w/caper tartare sauce & a lemon wedge

FROM THE GRILL

M | NM

All steaks served w/ chips & salad or mash potato & steamed vegetables (gf) and your choice of sauce.

250g Grain Fed Porterhouse \$28 \$30

300g Grain Fed Rump \$28 \$30

300g King Rib Pork Cutlet **NEW** \$28 \$30TOPPERS **NEW**

Garlic Prawns \$6 \$8

BBQ Chicken Wings \$6 \$8

Salt & Pepper Squid \$4 \$8

SAUCES (gf)

PRICE

Traditional Gravy, Peppercorn, Mushroom \$2 \$4

or Garlic Cream

Aioli \$1 \$2

CLASSICS

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Chicken Breast Schnitzel \$19 \$21

Panko crumbed schnitzel served w/fresh garden salad, chips & your choice of sauce

add... creamy garlic prawn topper \$5(m) \$7(nm)

Chicken Parmigiana \$23 \$25

Panko crumbed schnitzel topped with bacon, napoli sauce & melted cheese served w/garden salad & chips

Tempura Whiting \$20 \$22

Light and crispy tempura style whiting w/garden salad, chips, tartare sauce & a lemon wedge

Seafood Basket \$23 \$25

Selection of seafood, fried & served w/fresh garden salad, chips, tartare sauce & a lemon wedge

Crumbed Barramundi Fillet \$20 \$22

Panko crumbed barramundi fillet w/ fresh garden salad, chips, tartare sauce & a lemon wedge

Vegan Schnitzel (vg) \$20 \$22

Vegan schnitzel w/ fresh garden salad and sweet potato chips

swap meal sides... swap to mash & steamed veggies **add \$3**

SIDES

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Beer Battered Chips \$6 \$8

Sweet Potato Chips (v) \$8 \$10

Garden Salad (v, vg, gf) \$6 \$8

Seasonal Vegetables (v, vg, gf) \$6 \$8

Mashed Potato (v, vg, gf) \$5 \$7

Pilaf Rice (v, vg, gf) \$3 \$5

Fried Egg \$3 \$5

Bacon \$2 \$4

ZAC'S CAFÉ

We have a selection of Coffee, Cakes & Desserts available from Zac's Café. Scan the QR code below to view their menu & enjoy...

Barista Made Coffee

Specialty Teas

Iced Drinks & Shakes

Cakes & Desserts

Ice-Cream



Chef's Daily Digital Board Specials also available - check out today's selection!

Food, family, fun!



Element Trading Hours

Lunch 11:30am - 2:00pm

Dinner 5:30pm - 8:00pm

Element Bookings

Online: www.geebungrsl.com.au

Phone: (07) 3265 3711

Function & Event Enquiries

Online: www.geebungrsl.com.au

Email: functions@geebungrsl.com.au

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