



element menu



Welcome to element

Food, Family & Fun

Starters

Garlic Bread \$7 / \$9 V

toasted bread with garlic parsley butter

Garlic & Cheese Bread \$9 / \$11 V

toasted bread, garlic parsley butter & melted cheese

Creamy Garlic Prawns \$16 / \$18 GF

pan fried prawns (5) cooked in creamy garlic sauce served with rice

BBQ Chicken Wings \$12 / \$14 **NEW**

BBQ chicken wings with aioli

Vegetable Spring Rolls \$11 / \$13 V

spring rolls (5) served with sweet chilli sauce

Crumbed Calamari Rings \$15 / \$17

hand cut panko calamari rings with side salad, aioli & lemon

Chargrilled Vegetable Stack \$15 / \$17 V **NEW**

medley of chargrilled vegetables topped with haloumi cheese

Entree Plate for Two \$20 / \$22 **NEW**

vegetable samosa, battered cauliflower, crumbed prawns, calamari, chips & aioli

Vegetarian Entree Plate for Two \$20 / \$22 V **NEW**

vegetable samosa, battered cauliflower and chips

Salads

Caesar Salad \$16 / \$18 **NEW**

cos lettuce, bacon, parmesan cheese, croutons, boiled egg & caesar dressing

add peri peri chicken \$4

add beef \$4

add prawn \$5

Panko Prawn & Avocado Salad \$18 / \$20

panko crumbed prawns, avocado, mix lettuce, tomato, cucumber, cherry tomato with homemade dressing

Avocado Salad \$15 / \$17 V VG GF **NEW**

avocado, mix lettuce, cherry tomato, cucumber with homemade dressing

add peri peri chicken \$4 GF

add beef \$4 GF

From the Pan

Spaghetti Bolognese \$18 / \$20

slow cooked beef mince in tomato sauce with shaved parmesan

Asian Style Stir Fry \$16 / \$18 V

fresh vegetables stir fried with hokkien noodles & Asian style sauce

add chicken \$4

add beef \$4

add prawn \$5

Creamy Garlic Prawns \$21 / \$23 GF

pan fried prawns (10) cooked in creamy garlic sauce with rice

Burgers

All burgers served with chips & aioli

Classic Beef Burger \$16 / \$18

beef patty, lettuce, bacon, sliced beetroot, tomato, cheese & bbq sauce

Peri Peri Chicken Burger \$16 / \$18

pineapple, lettuce, tomato, cheese & peri peri sauce

Steak Sandwich \$18 / \$20

tender steak, lettuce, tomato, cucumber & bbq sauce

Haloumi Burger \$16 / \$18 V **NEW**

haloumi cheese, chargrilled vegetables & sweet chilli sauce

Member and non member prices listed.

V - Vegetarian VG - Vegan GF - Gluten Free

Please note that care is taken when catering for special dietary and food allergy requirements. Dietary symbols should be used as a guide only. Ingredients such as seafood, sesame seeds, eggs, white flour, fungi and dairy products are all used in the kitchen.

While care is taken to prepare the vegetarian, gluten free and vegan options, there is a small risk meals may come into contact with other ingredients whilst being prepared. Please inform staff of your allergies or specific requirements to assist with your requests

Mains

Crumbed Lamb Cutlets \$22 / \$24 **NEW**
panko crumbed lamb cutlets served with salad,
chips & gravy

Braised Pork Belly \$24 / \$26 **GF** **NEW**
served with sweet potato, seasonal vegetables,
apple compote & gravy

Grilled Salmon \$27 / \$29 **GF**
grilled salmon served with mashed potato,
chargrilled vegetables & citrus aioli

Braised Beef Cheeks \$25 / \$27 **NEW**
tender beef cheeks marinated in red wine & herbs
served with mashed potato & seasonal vegetables

Chicken Scallopini \$24 / \$26 **GF**
pan fried chicken breast, button mushrooms,
creamy white wine sauce, mashed potatoes
& seasonal vegetables

Chargrilled Portuguese Chicken \$23 / \$25
peri peri chicken, sweet potato chips, mango
salsa & salad

250g Grain Fed Sirloin Steak \$29 / \$31
served with chips & garden salad OR
mash potato & vegetables **GF**
gravy, peppercorn, mushroom, garlic cream
add creamy garlic prawn topper (3) \$5 / \$7

300g Grain Fed Rump Steak \$27 / \$29
served with chips & garden salad OR
mash potato & vegetables **GF**
gravy, peppercorn, mushroom, garlic cream
add creamy garlic prawn topper (3) \$5 / \$7

Crumbed Barramundi Fillet \$20 / \$22
served with chips, salad, lemon wedge & tartare
sauce

Lamb Korma \$21 / \$23
tender lamb cooked in aromatic spices & coconut
cream, served with rice and pappadums

Crumbed Calamari Rings \$22 / \$24
hand cut panko calamari rings with chips, salad,
lemon wedge & aioli

Classics

Chicken Breast Schnitzel \$19 / \$21
panko crumbed schnitzel served with salad,
chips & gravy

Vegan Schnitzel \$20 / \$22 **VG** **NEW**
Vegan schnitzel served with sweet potato chips
& salad

Chicken Parmigiana \$23 / \$25
panko crumbed schnitzel topped with bacon,
napoli sauce & cheese, served with salad &
chips

Tempura Whiting \$20 / \$22
served with chips & salad, lemon wedge &
tartare sauce

Seafood Basket \$25 / \$27
assortment of fried seafood, chips, salad &
tartare sauce

Sides

Beer Battered Chips \$6 / \$8

Sweet Potato Chips \$8 / \$10 **V**

Garden Salad \$5 / 7 **V VG GF**

Seasonal Vegetables \$6 / \$8 **V VG GF**

Steamed Rice \$3 / \$5 **V VG GF**

Fried Egg \$1.50 / \$2.50

Kids Menu

under 12 years

Chicken nuggets with chips \$11 / \$13

Cheeseburger with chips \$11 / \$13

Fish & chips \$11 / \$13

Spaghetti Bolognese \$11 / \$13

Complimentary activity pack issued with all kids meals

Sauces **GF**

Gravy, Peppercorn, Mushroom, Garlic Cream \$2 each
Aioli Sauce \$1

Scan here for Zacs Coffee
Shop Menu Pizzas, Light Meals,
Desserts & Coffees



Chef's Daily Specials Also Available



Zac's Coffee Shop

Wood-fired oven pizzas available
Desserts, cake, tea & barista coffee available



Element Trading Hours

Lunch 11.30am - 2pm
Dinner 5.30pm - 8pm

Element Bookings

Online: www.geebungrsl.com.au
Phone: 3265 3711

Function & Event Enquiries

Online: www.geebungrsl.com.au
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