

Welcome to element

Starters

Garlic Bread \$7 / \$9 toasted bread with garlic parsley butter

Garlic & Cheese Bread \$9 / \$11 toasted garlic bread with melted cheese

Creamy Garlic Prawns \$16 / \$18 GF pan fried prawns (5) cooked in creamy garlic sauce with rice

Wings & Chorizo \$13 / \$15 BBQ chicken wings, chorizo & aioli

Vegetable Spring Rolls \$11 / \$13 V spring rolls (5) served with sweet chilli sauce

Crumbed Calamari Rings \$14 / \$16 hand cut panko calamari rings with side salad, aioli & lemon

Entree Plate for Two \$20/ \$22 bbq chicken wings, crumbed prawns, calamari, chorizo, chips & aioli

Salads

Falafel Bowl \$16 / \$18 V falafel, cumin roasted pumpkin, Asian mix, cherry tomato, cucumber & hommus add peri peri chicken \$3 add beef \$4 add prawn \$5

Prawn & Avocado Salad \$16 / \$18 panko crumbed prawns, avocado, Asian mix, tomato, cucumber, cherry tomato with homemade dressing

Member and non member prices listed.
All food may contain gluten, seafood, nuts etc. Please let our friendly staff know if you have any allergies or dietary requirements before ordering.

Mains

Chicken Scallopini \$24 / \$26 GF pan fried chicken breast, button mushrooms, creamy white wine sauce, mashed potatoes & seasonal vegetables

Chargrilled Portuguese Chicken \$23 / \$25 peri peri chicken, sweet potato chips, mango salsa & salad

250g Grain Fed Sirloin Steak \$26 / \$28 served with garden salad, chips & choice of sauce (gravy, peppercorn, mushroom, garlic cream) **add** prawn topper (3) \$4 / \$6

300g Grain Fed Rump Steak \$25 / \$27 served with garden salad, chips & choice of sauce (gravy, peppercorn, mushroom, garlic cream) **add** prawn topper (3) \$4 / \$6

Crumbed Barramundi Fillet \$19 / \$21 served with chips, salad, lemon wedge & tartare sauce

Lamb Korma \$20 / \$22 tender lamb cooked in aromatic spices & coconut cream, served with rice and pappadums

Pork Cutlet \$26 / \$28 chargrilled pork cutlet served with cabbage, roasted apple, sweet potato chips & jus

Grilled Salmon \$26 / \$28 grilled salmon with stir fry hokkien noodles & stir fry sauce

Crumbed Calamari Rings \$20 / \$22 hand cut panko calamari rings with chips, salad, lemon wedge & aioli

Classics

Chicken Breast Schnitzel \$19 / \$21 panko crumbed schnitzel served with salad, chips & gravy

Chicken Parmigiana \$23 / \$25 panko crumbed schnitzel topped with bacon, napoli sauce & cheese, served with salad & chips

Tempura Whiting \$20 / \$22 served with chips & salad, lemon wedge & tartare sauce

Seafood Basket \$25 / \$27 assortment of fried seafood, chips, salad & tartare sauce

Burgers

All burgers served with chips & aioli

Classic Beef Burger \$16 / \$18 beef patty, lettuce, bacon, sliced beetroot, tomato, cheese & bbg sauce

Peri Peri Chicken Burger \$16 / \$18 pineapple, lettuce, tomato, cheese & peri peri sauce

Steak Sandwich \$18 / \$20 tender steak, lettuce, tomato, cucumber & bbq sauce

Veggie Burger \$16 / \$18 V veggie patty, cos lettuce, tomato, cucumber, cheese, sweet chilli sauce

From the Pan

Spaghetti Bolognese \$18 / \$20 slow cooked beef mince in tomato sauce with shaved parmesan

Asian Style Stir Fry \$16 / \$18 V fresh vegetables stir fried with hokkien noodles & Asian style sauce add chicken \$4 add beef \$4 add prawn \$5

Prawn & Chorizo Spaghetti \$22 / \$24 pan fried prawns with chorizo & shallots tossed in napoli sauce

Creamy Garlic Prawns \$20 / \$22 GF pan fried prawns (10) cooked in creamy garlic sauce with rice

Sides

Beer Battered Chips \$6 / \$8 Sweet Potato Chips \$8 / \$10 Garden Salad \$5 / 7 Seasonal Vegetables \$6 / \$8 Mash Potato \$5 / \$7 Steamed Rice \$3 / \$5 Creamy Garlic Prawns (3) \$7 / \$9 Fried Egg \$1.50 / \$2.50

Kids Menu

under 12 years

Chicken nuggets with chips \$10 / \$12

Cheeseburger with chips \$10 / \$12

Fish & chips \$10 / \$12

Spaghetti Bolognese \$10 / \$12

Complimentary activity pack issued with all kids meals

Sauces

Gravy, Peppercorn, Mushroom, Garlic Cream \$2 each Aioli Sauce \$1

Food, Family & Fun

Chef's Daily Specials Also Available

